

PROJECT PARTNERS

**SDMC - SOCIALIZACIJOS IR
DARBINIO MOKYMO CENTRAS**
Lithuania

**LIETUVOS PALIATYVIOS
MEDICINOS DRAUGIJA**
Lithuania

**VPTZ - VERENIGING
VRIJWILLIGERS PALLIATIEVE
TERMINALE ZORG NEDERLAND**
the Netherlands

**IKME – ΙΔΡΥΜΑ
ΚΟΙΝΩΝΙΚΟΠΟΛΙΤΙΚΩΝ
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**KENTRO ΕΠΑΓΓΕΛΜΑΤΙΚΗΣ
ΚΑΤΑΡΤΙΣΗΣ-ΚΕΚ ΣΒΙΕ ΕΠΕ**
Greece

UNIE KATOLICKÝCH ŽEN
Czech Republic

**PÉCS EGYHÁZMEGYEI KATOLIKUS
CARITAS ALAPÍTVÁNY**
Hungary



*The project was developed in the
framework of **Socrates** /
Grundtvig 2 and **Lifelong
Learning** programs of the
European Union.*

For further information visit:

<http://www.ikme.org/seniorstoelderly/>

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Voluntary Palliative assistance of Senior to Elderly people

an international co-operation project



2006-2009

VOLUNTARY PALLIATIVE ASSISTANCE OF SENIOR TO ELDERLY PEOPLE

AIMS

With life expectancy increasing, the number of senior and elderly people is growing. It is predicted that the proportion of people living alone, particularly women, will increase owing to female widowhood resulting from the difference in length of survival between the sexes. There is a tendency towards longer employment of senior aiming to improve physical, mental and psychological health. They also want to actively participate in social life: a majority of the members of many public organizations are senior people. At the same time, there will be more people incapable of sufficiency who will need care and their families will need to be supported to a greater extent through social services and networks of solidarity and care within local communities.



The main idea of the project is through non-formal learning to improve and encourage the participation of senior people, especially women, in voluntary activities of NGO's, local communities and social work services, in providing moral and social palliative assistance required by elderly people. The project also stimulates social participation of senior people thus improving their active quality of life on the basis of the principle "Senior for Elderly".



ACTIVITIES

Our goal is to share good practice with project partners from Lithuania, Cyprus, Greece, Czech Republic, the Netherlands and Hungary in project workshops, by electronic communication means and internet-based transfer of information. The project partners also co-operate with other NGO's, local communities, municipalities and national institutions. This way the needs of the target groups can be better understood and dissemination of project results can be achieved.

RESULTS

1. Material about each participating country's situation of senior and elderly people in society: social, demographical, medical aspects, voluntary activity
2. Structured learning material to prepare senior volunteers for palliative care
3. Audiovisual presentation of the project's evolution process, as a means of setting project development standards
4. Language courses for participants
5. International workshops
6. Improved competence of elderly volunteers and staff
7. Web pages, leaflets and other dissemination material of the project

DISSEMINATION

All partners will participate actively and with equal rights in the development process of project and products, therefore immediate and efficient access to all project results and products will be assured.

